

AHFS

DIY MIX HANDBOOK

WHY EACH INGREDIENT IS THERE — AND HOW THE
FORMULAS WORK TOGETHER

I did not want a DIY range where we simply put a list of fashionable ingredients into a bag. I want every ingredient to have a reason for being there, and I want clients to understand that reason.

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WHY WE DID DIY

The AHFS DIY range was created because I wanted horse owners to have another choice. Supplements can become expensive very quickly, especially when you own more than one horse. DIY allows us to keep the concept practical and cost-conscious while still putting thought into the combination of ingredients.

But cost was only part of it. I also wanted transparency. With a DIY kit you can physically see the individual ingredients before you combine them. You know what is going into your horse's supplement, you can read the formula, and you can understand why each ingredient was selected.

Then there is the part that I personally love: **I made this for my horse.** There is something satisfying about opening the ingredients, mixing the formula yourself and knowing exactly what you have put together.

DIY does not mean random mixing. The whole point is that the ingredients have been selected to complement one another for a particular nutritional goal. Some formulas are deliberately simple. Others are broader or more advanced. More ingredients do not automatically mean a better supplement — the right ingredients for the right purpose matter more.

A VERY IMPORTANT POINT

These are complementary feed supplements. They support nutrition and normal physiological function; they are not medicines and they do not replace a balanced diet, good-quality roughage, correct management or veterinary diagnosis and treatment. Where the scientific evidence for an ingredient is mixed or limited, I would rather tell you that than make a claim we cannot honestly support.

DIY CALM MIX 1

Everyday Calming Support

WHY EACH INGREDIENT IS THERE

Magnesium Oxide — Provides magnesium, an essential mineral involved in normal nerve and muscle function. I use it here as the nutritional mineral base of the formula — not as a promise that every nervous horse is magnesium deficient.

Brewer's Yeast — Adds naturally occurring B vitamins, amino acids and other nutrients. It also makes this a broader nutritional formula rather than relying on a single calming herb.

Valerian Root — A traditional calming herb. This is what gives Mix 1 its more traditional herbal-calming character.

HOW THEY WORK TOGETHER

Mix 1 is intentionally simple: magnesium for nutritional nervous-system support, Brewer's Yeast for the nutritional base, and valerian as the traditional herbal component. It is the straightforward option in the Calm range.

MY IMPORTANT NOTE

Contains Valerian Root. This is not the option I would choose for horses competing under rules that prohibit valerian.

DIY CALM MIX 2

Advanced Calming Support

WHY EACH INGREDIENT IS THERE

Magnesium Oxide — Provides the same mineral foundation as Mix 1.

Brewer's Yeast — Adds nutritional support and B-vitamin-containing yeast material.

Valerian Root — Provides the traditional herbal calming component.

Chamomile — An aromatic herb traditionally used in calming blends; it broadens the botanical side of the formula.

L-Tryptophan — An essential amino acid and precursor in serotonin metabolism. Response is individual; some horses do not become calmer with tryptophan and a few owners report the opposite.

HOW THEY WORK TOGETHER

Mix 2 takes the basic concept of Mix 1 and broadens it. It combines mineral support, two traditional calming herbs and an amino-acid component. That is why I classify it as the more advanced traditional calming formula.

MY IMPORTANT NOTE

Contains Valerian Root. Check current competition rules before use in a competition horse.

DIY CALM MIX 3

Gut-Brain Calming Support

WHY EACH INGREDIENT IS THERE

Stabilised Flaxseed — Provides fat, fibre and omega-3 alpha-linolenic acid (ALA), giving the formula a nutritional gut and general-condition component.

Vitamin B6 blend — Vitamin B6 is involved in normal amino-acid metabolism and nervous-system function.

Bio-Mos — A yeast-cell-wall/MOS ingredient used as part of nutritional support for the intestinal microbial environment.

Magnesium Oxide — Provides magnesium for normal nerve and muscle function.

Ashwagandha — A botanical traditionally described as an adaptogenic herb. Equine-specific evidence is much more limited than the marketing around adaptogens sometimes suggests, so I keep the claim conservative.

HOW THEY WORK TOGETHER

This is deliberately different from the valerian mixes. The idea is to support the horse from both the nutritional gut side and the nervous-system side, rather than simply adding stronger calming herbs.

MY IMPORTANT NOTE

Because botanical competition rules can change, always check the current rules that apply to your discipline.

DIY CALM MIX 4

Advanced Calm & Focus Formula

WHY EACH INGREDIENT IS THERE

Magnesium Oxide — Mineral support for normal neuromuscular function.

Brewer's Yeast — Provides a nutritional base with naturally occurring B vitamins and amino acids.

Ashwagandha Root — Adds the adaptogenic-style botanical component, while recognising that horse-specific evidence is limited.

Lemon Balm — A traditional calming aromatic herb used to broaden the botanical profile.

Peppermint — Adds an aromatic digestive/botanical component and improves the overall herbal profile.

L-Theanine — An amino-acid derivative widely used in calm-and-focus formulations. Equine research is still limited, so I describe it as nutritional support rather than a sedative.

Thiamine (Vitamin B1) — An essential vitamin involved in energy metabolism and normal nervous-system function.

HOW THEY WORK TOGETHER

Mix 4 is built for a different feel: not merely 'make the horse sleepy', but nutritional support for calmness and focus. It combines mineral, vitamin, amino-acid and botanical components.

MY IMPORTANT NOTE

Do not assume 'natural' automatically means competition-safe. Check current governing-body rules.

DIY CALM MIX 5

Calm & Focus Formula

WHY EACH INGREDIENT IS THERE

L-Tryptophan — An essential amino acid involved in serotonin pathways. Packed separately so the owner can manage its inclusion more deliberately.

L-Theanine — Included for the calm-and-focus concept; equine-specific evidence remains limited.

L-Tyrosine — An amino acid involved in catecholamine synthesis and normal nervous-system biochemistry.

Thiamine (Vitamin B1) — Supports normal energy metabolism and nervous-system function.

Niacin (Vitamin B3) — Part of normal cellular energy metabolism.

Pyridoxine (Vitamin B6) — Important in amino-acid metabolism and neurotransmitter-related pathways.

Collagen — Adds amino acids associated with connective-tissue nutrition; it is not included as a sedative.

Brewer's Yeast — Provides the broad nutritional carrier/base and naturally occurring nutrients.

HOW THEY WORK TOGETHER

This is the most amino-acid and B-vitamin-focused Calm formula. The ingredients were chosen to make it a nutritional calm-and-focus formula rather than a conventional herbal sedative-style blend.

MY IMPORTANT NOTE

L-Tryptophan is packed separately. Introduce thoughtfully and watch the individual horse's response.

DIY GUT MIX 1

Everyday Digestive Support

WHY EACH INGREDIENT IS THERE

Yea-Sacc 1026 — A *Saccharomyces cerevisiae* yeast product used to support the hindgut fermentation environment. Equine yeast research is promising in some studies but not uniformly positive across every strain, diet and outcome.

Magnesium Oxide — Provides magnesium and also has acid-neutralising properties in vitro; I do not market it as an ulcer treatment.

Marshmallow Root — A mucilage-rich herb traditionally used for soothing nutritional support of the digestive tract.

HOW THEY WORK TOGETHER

This is the uncomplicated everyday gut formula: yeast for the hindgut environment, marshmallow for the soothing botanical component, and magnesium as the mineral/buffering component.

MY IMPORTANT NOTE

Persistent weight loss, recurrent colic, diarrhoea or suspected ulcers need veterinary investigation.

DIY GUT MIX 2

Digestive Lining Support Formula

WHY EACH INGREDIENT IS THERE

Slippery Elm — Rich in mucilage and traditionally used to create a soothing, coating-type botanical component in digestive formulas.

Yea-Sacc 1026 — Supports the microbial/fermentation side of the hindgut.

Magnesium Oxide — Adds mineral and buffering support.

Aloe Vera Powder — Included as part of the soothing botanical concept. Evidence in horses for specific gut-lining outcomes is limited, so I do not describe it as an ulcer cure.

HOW THEY WORK TOGETHER

This formula deliberately combines the microbial side of gut support with mucilage-rich ingredients. That is why I call it the digestive-lining option rather than simply another probiotic mix.

MY IMPORTANT NOTE

Do not use a supplement to delay veterinary diagnosis of gastric or hindgut disease.

DIY GUT MIX 3

Hindgut & Microbiome Support

WHY EACH INGREDIENT IS THERE

Yea-Sacc 1026 — Targets the fermentation environment and fibre-digesting microbial ecosystem.

Bio-Mos — A MOS/yeast-cell-wall ingredient intended to complement the live-yeast side of the formula.

Magnesium Oxide — Adds mineral support.

Himalayan Salt — Provides sodium and chloride. The important point is the electrolyte contribution, not the colour or marketing of the salt.

HOW THEY WORK TOGETHER

Here the focus is much more clearly on the hindgut and microbial environment. Yea-Sacc and Bio-Mos approach that environment differently, while magnesium and salt complete the nutritional/mineral side.

MY IMPORTANT NOTE

Always count salt and minerals from the horse's complete diet, not just this supplement.

DIY GUT MIX 4

Advanced Synbiotic Formula

WHY EACH INGREDIENT IS THERE

Yea-Sacc 1026 — Live-yeast/probiotic-style support for the fermentation environment.

Pro-Sacc — Adds another yeast/probiotic component to broaden the microbial-support approach.

Bio-Mos — Provides the prebiotic/yeast-cell-wall side of the combination.

Magnesium Oxide — Mineral and buffering support.

Himalayan Salt — Sodium and chloride contribution.

HOW THEY WORK TOGETHER

This is intentionally broader than Mix 3. Instead of relying on one microbial-support ingredient, it combines yeast/probiotic and prebiotic-style components. That is the logic behind calling it the advanced synbiotic option.

MY IMPORTANT NOTE

Microbiome products do not all behave identically; strain, dose, diet and the individual horse matter.

DIY GUT MIX 5

Advanced Gut Health Formula

WHY EACH INGREDIENT IS THERE

Acid Buf — A marine-derived calcium/magnesium buffer used in equine diets for acid-buffering support.

Yea-Sacc — Adds yeast support for hindgut fermentation.

Bio-Mos — Adds the complementary prebiotic/yeast-cell-wall component.

Chia Seed — Provides fibre, fat and omega-3 ALA, adding a physical fibre and nutritional component.

HOW THEY WORK TOGETHER

This formula combines buffering, microbial support and fibre/fat nutrition. It is not just 'another probiotic'; the ingredients cover several different nutritional aspects of digestive support.

MY IMPORTANT NOTE

Feed changes and persistent digestive problems still require management review and, where appropriate, veterinary assessment.

DIY IMMUNE MIX 1

Everyday Immune Support

WHY EACH INGREDIENT IS THERE

Garlic Granules — A traditional botanical ingredient. Garlic is not automatically harmless because it is natural; total intake matters.

Rosehips — Provide plant polyphenols and naturally occurring antioxidant compounds, including vitamin-C-related nutritional value.

Turmeric — Provides curcuminoids and is used as the antioxidant botanical component.

Black Pepper — Included alongside turmeric as part of the botanical pairing.

HOW THEY WORK TOGETHER

This is a simple botanical antioxidant-style formula. The ingredients were chosen to give everyday nutritional support without turning the formula into an enormous herb list.

MY IMPORTANT NOTE

Do not stack several garlic-containing products without calculating total intake.

DIY IMMUNE MIX 2

Seasonal Immune Support

WHY EACH INGREDIENT IS THERE

Echinacea — A traditional immune-support herb. Evidence varies by preparation and species; I use it as a seasonal botanical rather than making disease-prevention claims.

Garlic Granules — Adds the traditional botanical component, with conservative use important.

Vitamin C — An antioxidant vitamin. Horses normally synthesise vitamin C, so supplementation is supportive rather than automatically necessary in every healthy horse.

Nettle — A nutrient-containing herb used as part of the wider botanical and antioxidant profile.

HOW THEY WORK TOGETHER

This is aimed at periods when owners want a broader seasonal formula. Echinacea, vitamin C and nettle widen the antioxidant/botanical profile while garlic remains a smaller traditional component.

MY IMPORTANT NOTE

I prefer not to feed echinacea continuously forever. Review long-term use and rotate when appropriate.

DIY IMMUNE MIX 3

Comprehensive Immune Support

WHY EACH INGREDIENT IS THERE

Echinacea — Seasonal botanical immune-support component.

Spirulina — A nutrient-dense cyanobacterium supplying protein, pigments and antioxidant compounds.

Wormwood — A potent traditional herb; because composition and safety depend on species and preparation, it deserves conservative use.

Rosehips — Adds plant antioxidant compounds.

Dandelion — A traditional nutritive herb used to broaden the botanical profile.

HOW THEY WORK TOGETHER

This is the broadest botanical Immune formula. It was designed for clients who specifically wanted a more comprehensive herb-based option rather than a minimal everyday mix.

MY IMPORTANT NOTE

More herbs also means more reasons to check individual tolerance, medications and competition rules.

DIY JOINT MIX 1

Everyday Joint Support

WHY EACH INGREDIENT IS THERE

MSM Glucosamine — Combines two common joint-nutrition ingredients. Glucosamine is a building-block-type nutrient; MSM supplies organic sulphur.

Turmeric — Adds a botanical antioxidant/normal inflammatory-response support component.

Peppermint — Adds an aromatic herb and improves the botanical profile/palatability.

Rosehips — Adds plant antioxidants and phytonutrients.

HOW THEY WORK TOGETHER

The formula combines conventional joint-nutrition ingredients with botanical antioxidant support. It is intended as the everyday option rather than the strongest herbal pain-relief-style mix.

MY IMPORTANT NOTE

Do not describe joint supplements as substitutes for diagnosis of lameness.

DIY JOINT MIX 2

Advanced Joint Support

WHY EACH INGREDIENT IS THERE

MSM Glucosamine — Forms the core joint-nutrition base.

Devil's Claw — A traditional herb used for musculoskeletal comfort. It is the ingredient that makes this formula unsuitable for competition use where prohibited.

Collagen Types 1, 2 & 3 — Provides collagen-derived amino acids/peptides for connective-tissue nutrition.

HOW THEY WORK TOGETHER

This is a much more targeted joint formula: core joint nutrients, collagen for connective-tissue nutrition and Devil's Claw as the stronger traditional botanical component.

MY IMPORTANT NOTE

Contains Devil's Claw. Not for competition use where Devil's Claw is prohibited.

DIY RESPIRATORY MIX

Everyday Respiratory Support

WHY EACH INGREDIENT IS THERE

Marshmallow Root — Mucilage-rich botanical traditionally used for soothing respiratory and digestive membranes.

Thyme — An aromatic herb traditionally used in respiratory herbal blends.

Peppermint — Adds aromatic menthol-containing plant material and palatability.

Garlic Granules — Traditional botanical ingredient; total dietary garlic intake still matters.

HOW THEY WORK TOGETHER

This is the simpler everyday botanical respiratory blend. The herbs were selected to create an aromatic, soothing nutritional-support formula rather than a medicine.

MY IMPORTANT NOTE

Coughing, increased respiratory effort, fever or persistent nasal discharge needs veterinary assessment.

DIY COPD MIX

Advanced Respiratory Support

WHY EACH INGREDIENT IS THERE

Marshmallow Root — Provides the soothing mucilage-rich botanical base.

Peppermint — Adds the aromatic botanical component.

Turmeric — Adds curcuminoid-containing antioxidant botanical support.

Black Pepper — Included alongside turmeric as part of the botanical pairing.

Vitamin C — Adds antioxidant nutritional support.

HOW THEY WORK TOGETHER

This mix is broader and more antioxidant-focused than the everyday Respiratory Mix. The name 'COPD' is familiar to horse owners, but modern veterinary terminology often uses equine asthma for chronic inflammatory airway disease.

MY IMPORTANT NOTE

This is supportive nutrition, not treatment for equine asthma/COPD. Environmental dust control and veterinary management are fundamental.

DIY SANDCARE MIX

Short-Course Intestinal Sand & Debris Support

WHY EACH INGREDIENT IS THERE

Psyllium Husk — Forms a water-holding gel/mucilage. Psyllium is widely used in sand-management protocols, but controlled studies show that results depend on the protocol and management; it should not be sold as a guaranteed sand-clearing cure.

Chia Seed — Adds soluble/gel-forming fibre, fat and omega-3 ALA.

Pro-Sacc — Adds microbial-support nutrition.

Flaxseed — Adds fibre and omega-3-rich fat.

HOW THEY WORK TOGETHER

The formula is built around psyllium, with additional fibre and microbial-support ingredients. It is deliberately a short-course product rather than a permanent daily supplement.

MY IMPORTANT NOTE

Suspected sand accumulation or sand colic requires veterinary assessment. Management to reduce sand ingestion remains essential.

DIY DAPPLE & SHINE MIX

Coat, Skin & Shine Support

WHY EACH INGREDIENT IS THERE

Stabilised Linseed — Provides fat and omega-3 ALA for skin and coat nutrition.

Brewer's Yeast — Adds amino acids and naturally occurring B vitamins.

MSM — Provides organic sulphur, a nutrient relevant to keratin-containing tissues.

Zinc — An essential trace mineral important for normal skin and hoof integrity.

Biotin — A B vitamin widely used in hoof-support programmes; hoof changes take months because the hoof must grow out.

Vitamin E — A fat-soluble antioxidant nutrient.

HOW THEY WORK TOGETHER

This formula is deliberately nutritional rather than cosmetic: fat, amino-acid/B-vitamin nutrition, sulphur, zinc, biotin and vitamin E cover several building blocks involved in normal skin, coat and hoof quality.

MY IMPORTANT NOTE

Zinc and vitamin E should be considered in the context of the total diet; more is not automatically better.

DIY DAILY MIX

General Health & Wellbeing

WHY EACH INGREDIENT IS THERE

Brewer's Yeast — Provides broad nutritional support from yeast-derived nutrients.

Stabilised Linseed — Adds energy, fibre and omega-3 ALA.

MSM — Adds organic sulphur.

Vitamin E — Provides antioxidant nutrition.

Zinc — Supports normal skin, hoof and enzyme function.

Salt — Provides sodium and chloride.

Additional vitamins & minerals — Round out the formula, but the complete diet still needs to be considered to avoid unnecessary duplication.

HOW THEY WORK TOGETHER

This is the all-rounder. It is not trying to target one disease or one body system. The purpose is to provide a broad daily nutritional top-up for owners wanting one general DIY mix.

MY IMPORTANT NOTE

If the horse already receives a fully fortified commercial feed at the manufacturer's recommended rate, check whether additional vitamins/minerals are actually needed.

DIY GUT + STRESS MIX 1

Daily Formula

WHY EACH INGREDIENT IS THERE

Acid Buf — Provides buffering support.

Bio-Mos — Adds prebiotic/yeast-cell-wall support.

Yea-Sacc 1026 — Adds live-yeast support for hindgut fermentation.

Magnesium Oxide — Adds mineral/neuromuscular support.

Ashwagandha — Adds the botanical stress-support concept, while equine-specific evidence remains limited.

HOW THEY WORK TOGETHER

This formula deliberately links two things owners often see together: digestive disruption and stress. It combines buffering and microbiome ingredients with magnesium and a botanical stress-support component.

MY IMPORTANT NOTE

Stress-related behaviour or digestive signs can have medical causes. Do not assume every problem is simply 'stress'.

DIY GUT + STRESS MIX 2

Advanced Formula

WHY EACH INGREDIENT IS THERE

Stabilised Flaxseed — Adds fibre, fat and omega-3 ALA.

Acid Buf — Buffering component.

Bio-Mos — Prebiotic/yeast-cell-wall component.

Yea-Sacc 1026 — Live-yeast hindgut component.

Marshmallow Root — Mucilage-rich soothing botanical.

Slippery Elm — Adds another mucilage-rich digestive-lining component.

Magnesium Oxide — Mineral/neuromuscular support.

Ashwagandha — Botanical stress-support component.

HOW THEY WORK TOGETHER

This is the broader Gut + Stress option. It combines the microbial and buffering foundation with two mucilage-rich ingredients, flaxseed and the calm/stress nutritional components. That is why it is the advanced formula.

MY IMPORTANT NOTE

Because this is a larger multi-ingredient formula, review the rest of the horse's supplements for duplication.

DIY SKEDADDLE MIX 1 — NO GARLIC

Nutritional Insect-Season Support

WHY EACH INGREDIENT IS THERE

Black Cumin Seed Oil Cake — 600 g — The nutritious material remaining after *Nigella sativa* seed is pressed for oil. It contributes plant protein, fibre, residual oil and naturally occurring plant compounds. I chose it because I did not want Mix 1 to be simply 'Skedaddle minus garlic'; I wanted it to have its own nutritional identity.

Brewer's Yeast — 500 g — Provides B-vitamin-containing yeast material, amino acids and other nutrients. It is also traditionally used in feed-through insect-season formulations, although that tradition should not be confused with proof that yeast alone repels insects.

Neem Powder — 300 g — A traditional botanical used in natural insect-management programmes. Evidence for oral neem as an equine insect repellent is limited, so I describe its role honestly as part of the botanical formulation.

Peppermint — 100 g — An aromatic herb that contributes to the botanical profile and palatability.

Turmeric — 100 g — Provides naturally occurring curcuminoids and antioxidant plant compounds.

Black Pepper — 10 g — Included alongside turmeric as part of the overall botanical pairing.

HOW THEY WORK TOGETHER

The important thing about Mix 1 is that it is a genuine garlic-free alternative. Black Cumin Seed Oil Cake becomes the substantial nutritional/botanical base, while Brewer's Yeast, neem, peppermint, turmeric and black pepper create the rest of the insect-season formula. It is designed to sit inside a bigger management programme — not replace sprays, rugs, stable hygiene or environmental control.

MY IMPORTANT NOTE

Current AHFS dosage: horses approximately 500 kg — 50 g per day. Total contents 1.61 kg. Individual horses may respond

differently to feed-through products.

DIY SKEDADDLE MIX 2 — WITH GARLIC

Nutritional Insect-Season Support

WHY EACH INGREDIENT IS THERE

Brewer's Yeast — 500 g — The main nutritional base of the formula, supplying yeast-derived nutrients. It is traditionally used in feed-through insect-season products, but I do not claim that it guarantees insect repellency.

Neem Powder — 300 g — The main botanical insect-season ingredient in the blend, used traditionally in natural insect-management programmes.

Peppermint — 100 g — Adds an aromatic botanical component.

Turmeric — 100 g — Adds curcuminoid-containing plant compounds and antioxidant nutritional support.

Garlic Granules — 100 g — The ingredient that distinguishes Mix 2. Garlic has a long history in feed-through insect-season supplements, but excessive or prolonged intake can affect equine red blood cells. That is exactly why I prefer a conservative inclusion rather than making garlic the dominant ingredient.

Black Pepper — 10 g — Included alongside turmeric in the botanical combination.

HOW THEY WORK TOGETHER

Mix 2 is for the owner who specifically wants garlic included. The formula keeps Brewer's Yeast and neem as the larger components and uses a comparatively small amount of garlic rather than building the entire product around garlic. Feed-through support should still be combined with external protection and environmental management.

MY IMPORTANT NOTE

Current AHFS dosage: horses approximately 500 kg — about 35 g per day, supplying about 3 g Garlic Granules per day. Total contents 1.11 kg. Count garlic from every other feed and supplement before adding more.

THE BIG PICTURE

This is what I want clients to understand about the AHFS DIY range: **the formula matters more than the ingredient list.** An ingredient can be useful, but that does not mean adding more of it — or adding ten more ingredients — automatically creates a better supplement.

I look at what job I want the formula to do nutritionally, then I choose ingredients that approach that goal from different angles. In the gut mixes that may mean fermentation support + prebiotic support + buffering + mucilage. In the calm mixes it may mean minerals + B vitamins + amino acids + selected herbs. In the coat mix it means fat + trace minerals + vitamins + sulphur-containing nutrition.

And sometimes the best formula is the simpler one. If your horse only needs everyday support, there is no prize for feeding the most complicated bucket.

HOW TO CHOOSE

Start with the horse, not the product. What are you actually trying to support? What is already in the diet? Is the horse competing? Is the horse on medication? Are there clinical signs that need a veterinarian rather than another supplement?

Then choose the simplest mix that fits the goal. That keeps DIY cost-effective and avoids unnecessary duplication.

Introduce it sensibly and watch the horse. Palatability, manure consistency, behaviour, body condition and overall response matter. Horses are individuals.

RESEARCH & EVIDENCE NOTE

Where I refer to research, I am talking about evidence for particular ingredients or ingredient classes — not claiming that the finished AHFS DIY combination itself has been through a controlled clinical trial. That distinction is important to me.

For example, research on *Saccharomyces cerevisiae* in horses shows potentially useful effects on fibre digestion and the hindgut environment in some studies, while other trials found little or no effect

in healthy horses. Psyllium is widely used for sand management, but controlled studies also show that outcome depends on protocol and management. That is why this handbook uses words such as 'supports' rather than promising treatment or cure.

REFERENCES USED FOR THIS EDITION

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Current AHFS DIY Skedaddle Mix 1 and Mix 2 product information:
www.ahfs.co.za.

For equine use only. For all classes of horses. Always check current competition rules and discuss significant health concerns with your veterinarian.

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